



BRAVE REAL WORLD

16TH SSR-MSR WORKSHOPS IN RHEUMATOLOGY

14 – 16 AUGUST 2015
ONE FARRER HOTEL, SINGAPORE

1ST SSR CADAVERIC INTERVENTIONAL AND DIAGNOSTIC MUSCULOSKELETAL ULTRASOUND COURSE
12 – 14 AUGUST 2015
ACADEMIA, SINGAPORE GENERAL HOSPITAL

DAY 1 : 12 AUGUST 2015, WEDNESDAY

0800 – 0830 hrs	REGISTRATION	
0830 – 0840 hrs	INTRODUCTION TO THE COURSE	
	<p>Dr Li-Ching CHEW Organising Chairperson 1st SSR Cadaveric Interventional and Diagnostic Musculoskeletal Ultrasound Course</p>	
0840 – 0900 hrs	THEORY OF NEEDLING TECHNIQUES ON CADAVERS	PSL Wet Lab, B1, Academia
	<p>Dr Thomas B. CLARK, DC, RVT, RMSK (and faculty) Musculoskeletal Ultrasound Practitioner, Sonologist and vascular technologist Musculoskeletal Ultrasound (MSKUS), United States</p>	
0900 – 0945 hrs	DEMONSTRATION OF INJECTION TECHNIQUES – UPPER LIMB	PSL Wet Lab, B1, Academia
	<p>SHOULDER / ELBOW - Biceps Tendon, Subdeltoid/ Subacromial Bursa, Rotator Cuff, GHJ, Radial-Humeral Joint, Lat. Epicondyle</p> <p>HAND / WRIST - Wrist Joint., CTS, de Quervains, Trigger Finger, CMCJ1, MCPJ</p> <p>Dr Thomas B. CLARK, DC, RVT, RMSK Musculoskeletal Ultrasound Practitioner, Sonologist and vascular technologist Musculoskeletal Ultrasound (MSKUS), United States</p> <p>Dr Stanley LAM, RMSK H Lam Musculoskeletal Pain Management & Sports Injury Center Hong Kong</p>	
0945 – 1245 hrs	PRACTICAL SESSIONS – UPPER LIMB	PSL Wet Lab, B1, Academia
	<p>Facilitators: Dr Thomas B. CLARK & Teaching Faculty</p>	
1300 – 1400 hrs	LUNCH	
1400 – 1445 hrs	DEMONSTRATION OF INJECTION TECHNIQUES – LOWER LIMB	PSL Wet Lab, B1, Academia
	<p>HIP / KNEE - Hip Joint, Trochanteric Syndrome, SIJ, Suprapatellar Recess, Pes Anserine, Popliteal Fossa</p> <p>ANKLE / FOOT - Ankle Joint, Subtalar Joint, Achilles Tendon, Plantar Fascia, Tarsal Tunnel, MTPJ</p> <p>Dr Thomas B. CLARK, DC, RVT, RMSK Musculoskeletal Ultrasound Practitioner, Sonologist and vascular technologist Musculoskeletal Ultrasound (MSKUS), United States</p> <p>Dr Stanley LAM, RMSK H Lam Musculoskeletal Pain Management & Sports Injury Center Hong Kong</p>	



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DAY 1 : 12 AUGUST 2015, WEDNESDAY (continued)

1445 – 1745 hrs	PRACTICAL SESSIONS – LOWER LIMBS	PSL Wet Lab, B1, Academia
	Facilitators: Dr Thomas B. CLARK & Teaching Faculty	
1800 hrs	END OF DAY 1	



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DAY 2 : 13 AUGUST 2015, THURSDAY

0800 – 0850 hrs	REGISTRATION / BREAKFAST	PSL Dry Lab , Level 2, Academia
0850 – 0900 hrs	WELCOME ADDRESS Dr Li-Ching CHEW Organising Chairperson 1 st Cadaveric Interventional & Diagnostic Musculoskeletal Ultrasound Course	
0900 – 0930 hrs	Lecture 1 Shoulder - Sonoanatomy and pathology Dr Thomas B. CLARK, DC, RVT, RMSK (and faculty) Musculoskeletal Ultrasound Practitioner, Sonologist and Vascular Technologist Musculoskeletal Ultrasound (MSKUS), United States	
0930 – 1130 hrs	Practical Session (1) Ultrasound Examination of the Shoulder	
1130 – 1215 hrs	Lecture 2 Elbow, Wrist, Hand - Sonoanatomy and Pathology Dr Thomas B. CLARK, DC, RVT, RMSK (and faculty) Musculoskeletal Ultrasound Practitioner, Sonologist and Vascular Technologist Musculoskeletal Ultrasound (MSKUS), United States	
1215 – 1300 hrs	LUNCH	
1300 – 1500 hrs	Practical Session (2) Ultrasound Examination of the Elbow, Hand & Wrist	
1500 – 1530 hrs	TEA BREAK & TRADE EXHIBITION	
1530 – 1600 hrs	Lecture 3 Hip & Knee - Sonoanatomy and Pathology Dr Thomas B. CLARK, DC, RVT, RMSK (and faculty) Musculoskeletal Ultrasound Practitioner, Sonologist and Vascular Technologist Musculoskeletal Ultrasound (MSKUS), United States	
1600 – 1800 hrs	Practical Session (3) Ultrasound Examination of the Hip & Knee	
1800 hrs	END OF DAY 2	



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DAY 3 : 14 AUGUST 2015, FRIDAY

0800 – 0900 hrs	REGISTRATION / BREAKFAST	PSL Dry Lab , Level 2, Academia
0900 – 0930 hrs	Lecture 4 Ankle & Foot - Sonoanatomy and Pathology Dr Thomas B. CLARK, DC, RVT, RMSK (and faculty) Musculoskeletal Ultrasound Practitioner, Sonologist and Vascular Technologist Musculoskeletal Ultrasound (MSKUS), United States	
0930 – 1130 hrs	Practical Session (4) Ultrasound Examination of the Ankle & Foot	
1130 – 1145 hrs	Closing Remarks	
1145 hrs	END OF DAY 3	
1145 – 1215 hrs	Transportation to One Farrer Hotel, Singapore (For Main Conference Participants ONLY)	Academia Lobby Level 1, SGH